 THE SPCNM newsletter

**July 2022**

A message from the

College Board

Chair – Pieter Watson

Nga mihi nui from the SPCNM Board. We hope you're settling in with plenty of support for a wild winter, with a good focus on prevention. This year has been another challenging time but hopefully we can see the landscape ahead and settle into a new kind of flexible. The Board is really pleased with how Robyn and the whole team have managed to steer through the pandemic period – on and off campus.

**Graduate outcomes**

On behalf of SPCNM members, the Board initiated two ways to improve graduate outcomes over the last few months. One, the possibility of developing a string of clinics as multidisciplinary Health Hubs, was unfortunately stymied by the pandemic.

The other initiative saw SPCNM hire a Graduate and Industry Liaison coordinator last year who collated a good range of information to further improve how SPCNM can help graduates move into their career options. This continues in 2022 and is an important role in developing great long-term outcomes for SPCNM graduates.

**Strategic plan 2023-25**The Board has developed a plan for the next three years which was circulated after the AGM on 16 June. The plan is specifically focused on practical strategies for achieving the Board’s vision and direction of SPCNM. Overall, the college is doing well even though there are significant challenges, or at least a few unknowns, in the environment ahead.

**Greetings and welcome**

On behalf of the SPCNM Board, nau mai haere mai. One of the graduates speaking at the recent graduation ceremony specifically said how important it was for her to learn new ways of engaging with other students, staff, and the learning material - but in the end it’s about helping your future clients achieve better health outcomes. Please reach out to others in SPCNM as you continue your learning journey and let us continue the mahi together.



I wish you all a successful and valuable semester of study. I am hoping to see more students on-campus and to have clients back attending Paua Clinic, and of course to have a smooth semester with no disruptions.

To round up recent events at the College, we had a great Expo Day in June with suppliers showing their products and guest speakers talking about careers. It was a treat to have students on-campus and a buzz in the air (It’s been a bit quiet since!).

We had a “live” graduation on Friday for our 2021 cohort, to follow up their online graduation in March. Graduation is always a great event and lovely to see graduates getting back together having not seen each other for a few months. It was exciting to award prizes too – those receiving a prize knew, but that didn’t know which prize they were getting. Congratulations to all our graduates and to our prize winners (full list on page 2 of the Newsletter).

Coming up – quite a few exciting things that Catherine has included here already – guest speaker next week on the 2nd; immersion day on Saturday 29th October and for those who can include it in their schedules, Waitaia weekend on 4 – 6 November (check out Thornton’s write up). We are also running a course for graduates by Simon Mills on naturopathic diagnostics – super exciting

The big event that we have coming up is our four-yearly NZQA evaluation (EER) which staff have been preparing for, for some time. We hope that some of you will come forward to speak to NZQA about your experiences as students of the College (please email me if you’re interested – robyn.carruthers@spcnm.ac.nz).

As everywhere, we have a few challenges in our personal lives, and we are being careful to isolate whenever we need to, so from time-to-time staff will be working from home during the Semester. Please email through as you normally would, and we’ll keep in touch.

Finally, a reminder to please ask for help if you need it – help with study skills, but also let us know if there are areas of your personal life where you need help – we may be able to help or to refer you to someone you can talk to.

The garden looks a little grim and bare, but I know that soon it will be springing back into life – counting down to warmer days. Please keep yourselves and your loved ones well,

*Robyn*



**Kia ora koutou katoa**

**Welcome to Semester 2!**

**PAUA CLINIC**

**CLIENTS NEEDED**

The 3rd year students would love new clients – remember as a student you get free consultations and 10% off remedies, etc from the dispensary.

**Please email:** karen.wesseling@spcnm.ac.nz

**to make an appointment.**



 THE SPCNM NEWSLETTER

**July 2022**







***Congratulations to our 2021 graduate winners:***

First Light Flower Essences Scholarship

*Dani Smith*

Fx Med Award for Contribution to College Life

*Katie van der Haas*

Metagenics Award for Collegiality & Professionalism *Corinne Sabourin*

Phytomed Award for Excellence in Herbal Medicine

*Elle Hendriks*

Proherb Award for Excellence in Research Skills

*Janine Sinclair*

NMHNZ Award for Academic Excellence

*Corinne Sabourin*

SPCNM Board of Directors Award for Excellence in ClinicalPractic*e – Melissa Rivard*

**WELCOME TO OUR NEW STAFF MEMBER**

***Tracey-Leigh Te Paa***

**Rongoā –**

**Māori Healing Concepts**

**Te Rarawa, Ngāti Whātua ki Kaipara, Tūwharetoa me Waikato tōku iwi.**

My name is Tracey-Leigh Te Paa I'm an Indigenous Māori Healer passionate about sharing the ancient mātauranga I have curated over the past 15 years. My work has prominently been within the health sector, empowering and educating individuals, whānau and communities rebalancing their wellbeing through the art and practice of Traditional Māori Healing combining Mirimiri, Romiromi, and Rongoā Rākau. My jam is working with wāhine and helping them to clear past trauma so they can remember how incredibly powerful and potent they are. I am extremely proud of the reputation I have built as a healer and kaiako that is real, grounded and safe. And well known to push boundaries, and take tauira on a journey of self-discovery with the ability to help them embody the teaches of Te Aō Māori.

**SAVE THE DATE**

**TUESDAY, AUGUST 2ND – 2 .15 PM**

***An exciting start to Semester 2***

A yummy afternoon tea followed by a presentation from Nerena Morris from Absolute Essential Oils. Nerena will be speaking about the history of the company and the difference between Absolute Essential Oils and other essential oil companies.

Prizes to be won!

**Please RSVP by July 29th**

**catherine.wilson@spcnm.ac.nz**

**My Waitaia Weekend Experience**

**By Thornton Trainor-Manuel**

I am so glad that I went on the Waitaia weekend trip. Everyone there was so knowledgeable about rongo**ā** and gave such deep insights about the value of rongo**ā** practices in society and for naturopathic practitioners. I felt reconnected to the land and the experience was simply beautiful. I loved the food, the long chats, the stories and the ability to answer all the questions I could think of about rongo**ā**. I learnt so much and I can't wait to go on the next adventure! What I learnt in the Waitaia weekend really added to what was covered in the first year Rongo**ā** paper and it gave me such valuable hands-on experience with the way of thinking so important to rongo**ā**. Worth every minute and dollar spent!

**Thornton attended the May Waitaia weekend, the next one is November 4-6. Please email** robyn.carruthers@spcnm.ac.nz **to secure a place.**



